

The counselling sessions are

- open to all Mannheim-based families, children, adolescents, young adults up to the age of 26, parents with infants and young children, and parents-to-be,
- voluntary and free of charge,
- confidential,
- open to all nationalities, religious persuasions and cultures,
- also possible in Turkish,
- anonymous if desired.



Information and registration

- By telephone or in person
- Monday to Thursday: 9.00 am to 4.00 pm
- Friday: 9.00 am to 3.00 pm
- Appointments by arrangement

Our regional offices

Psychologische Beratungsstelle Nord

Sandhofer Straße 22
68305 Mannheim (Luzenberg)
Tel.: +49 (0)621/293-5530
Fax: +49 (0)621/293-5533
E-mail: beratung.nord@mannheim.de
Take Lines 1 and 3 (tram) or 53 and 58 (bus) to Stop: Luzenberg

Psychologische Beratungsstelle Mitte

D7, 2a-4
68159 Mannheim (city centre)
Tel.: +49 (0)621/293-8866
Fax: +49 (0)621/293-8868
E-mail: beratung.mitte@mannheim.de
Take Lines 2 and 6 (tram) to Stop: Rathaus

Psychologische Beratungsstelle Süd

Relaisstraße 164
68219 Mannheim (Rheinau)
Tel.: +49 (0)621/293-6040
Fax: +49 (0)621/293-6041
E-mail: beratung.sued@mannheim.de
Take the Line 1 (tram) to Stop: Distelsand

Homepage: www.pb-mannheim.de

Englisch



Psychological Counselling Centres

for children, adolescents
and parents

STADT MANNHEIM²

Kinder, Jugend und Familie
– Jugendamt –

For parents

We offer you advice and support

- on all parenting matters,
- if you are worried about your child,
- if you feel that something is making your child depressed,
- if other people, such as educators, teachers and paediatricians, alert you to problems,
- if there are changes or stress within the family situation or if there are any conflicts or disputes within your family,
- in the case of the effects of a separation or divorce.



For children and adolescents

No matter how old you are, if you live in Mannheim and are looking for advice on a problem affecting you or your family, you can contact one of our counselling centres – at any time, even without the knowledge of your parents.



Last updated: February 2017

Photos: nailiaschwarz/photocase.de; Franz Pfluegl/fotolia.com; drubig-photo/fotolia.com; zurijeta/clipdealer.com; Kamira/shutterstock.com; SpeedKingz/shutterstock.com; unikation/photocase.de.

For professionals

For professionals working with children and adolescents, we offer

- anonymised specialist counselling,
- parents' evenings and other events on issues related to bringing up children,
- advice on questions relating to risks to and protection of children and adolescents.

