

WE ARE HERE FOR YOU

Our services are open to all (expectant) parents in Mannheim with children between 0 and 3 years old. It does not matter if your child attends the centre or not.

Come and visit us or contact us if:

- you want to meet parents in similar situations and support each other,
- you have questions or are worried about your child's development,
- you have questions about your family, career or social situation.

We look forward to meeting you and your child.



CONTACT

Get in contact with us. We would be happy to inform you on our services.

You can find further information about all Mannheim Centres for Child and Parent and early support on:
www.mannheim.de/fruehehilfen

We would be happy to receive your donation:
Spendenkonto „Frühe Hilfen“
Sparkasse RheinNeckarNord
IBAN: DE63 6705 0505 0030 2013 70
BIC: MANSDE66XXX

EARLY SUPPORT
CENTRE FOR
PARENT AND
CHILD SUPPORT
IN **MANNHEIM**²



EN

STADTMANNHEIM²

DEAR PARENTS,

As a mother or father, even when your child hasn't arrived yet, you want to assure that your child is raised well and has what he/she needs for a good life.

Caring for a child brings **new responsibilities** and **some struggles**.

Our specialists in the Centre for Parent and Child Support lend you an ear. They can **advise** you on questions concerning child raising, health, child development and socio-legal topics.

The Centre for Parent and Child Support offers above all time and space for **meeting, sharing suggestions, games** and **learning**.

All Centres for Parent and Child Support are open to all mothers and fathers with children aged 0 to 3 years and expectant parents, no matter their nationality, religion or culture.



OUR SERVICES

We have many services designed for the needs of children and their mother or father.

These include for example:

- Open playgroups
- Parent-child groups
- Parent-child cafe
- Themed breakfasts
- Cooking together
- Daytrips
- Baby massages
- Creative parent services
- Parental consultations

Services are free-of-charge and voluntary.



ABOUT US

Specialists from many different professions work together in a **Centre for Parent and Child Support** (Eltern-Kind-Zentrum). Personal consultations can be arranged if desired.

- There is a **child specialist** and **service management** for the contact partners on site. The child specialist designs service offers with other specialists and can advise you on pedagogical questions.
- A **psychologist** at a **parenting advice centre** can advise you on the development of your child, parenting questions and other topics.
- A **paediatric specialist from the medical unit** can inform and advise you on health and diet questions.
- A **social worker** from the **district social work office** can advise you on eligibility for financial support from the Youth Support Office or help from other areas.

All of our employees are subject to the duty of confidentiality.

